

Forget about those fattening supermarket dressings. You do have an alternative. Making your own dressings at home is not only more healthful and more affordable, it is remarkably easy. The more than 100 dressings in this book can be whisked together quickly or prepared in a blender or food processor in seconds. Best of all, they taste great! And as Paulette Mitchell explains, these recipes will introduce you to a whole new repertoire of toppings for chicken, seafood, pasta, grains, beans, vegetables, greens, fruit salads, and more. The recipe introductions include some of her favorite enticing salad combinations, and you'll also find a handy chart with serving suggestions at the back of the book. Paulette suggests these dressings for pasta salads: Basil-Sherry Vinaigrette, page 31 Creamy Lemon-Caper Dressing, page 93 Honey-Dijon Dressing, page 107 Creamy Parmesan-Peppercorn Dressing, page 94 The Complete Book of Dressings offers flavors for every palate, from cool and creamy to exotic and spicy. Try them all and unleash your creativity. Some of Paulettes tips for successful salads: Most homemade dressings improve in flavor if allowed to sit for half an hour before serving, but remember to shake, stir, or whisk them just before adding to a salad. For a change, mix and match temperatures; serve a warm vinegar-and-oil dressing over chilled or room-temperature ingredients.

Fodors Guide to the Caribbean, Bahamas and Bermuda 1961, The Billionaires Stranglehold Complete Series - An Alpha Billionaire Romance Novel, Retailing Management, Grail, Reckless Heart,

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This is the only dressing bible you'll ever need--full of useful ideas for any season Fresh ingredients deserve a dressing to match, and the recipes inside . Power Bowl Recipe Book: Nutrient-Rich Dishes for Mindful Eating (Paperback). The Complete Book of Sauces, Salsas, Dips, Relishes, Marinades & Dressings by CHRISTINE FRANCE from artificestudios.com Only Genuine Products. 30 Day. Buy the The Complete Hunter Dressing and Cooking Wild Game Book and more quality Fishing, Hunting and Outdoor gear at Bass Pro Shops.

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