Sea Salt is a gorgeous new collection of over a hundred sea-tested gourmet recipes suitable for meals aboard but equally satisfying for the home dining table. The authors are themselves dedicated sailors and bring readers on a voyage around Vancouver Island aboard their classic wooden sailboat Aeriel, drawing inspiration from the areas seafood, farmers markets and wineries. Richly illustrated with colour photographs of the dishes as well as many spectacular seascapes, Sea Salt invites readers to spend a leisurely morning in a favourite anchorage savouring Blueberry Bread Puddings with Maple Mascarpone; raft up with Albacore Tuna Nicoise; and make new friends on the dock with Cheesecake Nanaimo Bars. Whether catering to a hungry crew at sea or at home, any cook will appreciate the benefits of thoughtful preparation, clever shortcuts, local ingredients, a hearty dose of creativity and fast, fresh, delicious meals.

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Sea Salt (Paperback; ISBN): Sea Salt is a gorgeous new Sea Salt. Recipes from the West Coast Galley. by Alison Malone Eathorne & Hilary. 9 Oct - 4 min - Uploaded by Shaw TV Nanaimo A collaboration project of Nanaimo's Malone family, Alison, sister Hilary and their mother Lorna. This stunning addition to the galley library is at once beautiful to look at and a thoroughly practical guide to cooking and dining aboard with a focus on fresh West. sea salt recipes from the west coast galley vr, 16 nov GMT sea salt recipes from the pdf - Related Book. Epub Books Sea Salt. Recipes From The . 12 Jul - 1 min Read Sea Salt: Recipes from the West Coast Galley By Alison Malone Eathorne, Hilary Malone. Words Worth Noting: Sea Salt Recipes from the West Coast Galley ocean breeze on their faces when they flip through the pages of Sea Salt.

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